

**Materials** for 36" w x 72" h mat

1- 2 1/8 yds FACING print

1- 2 1/8 yds BACKING print

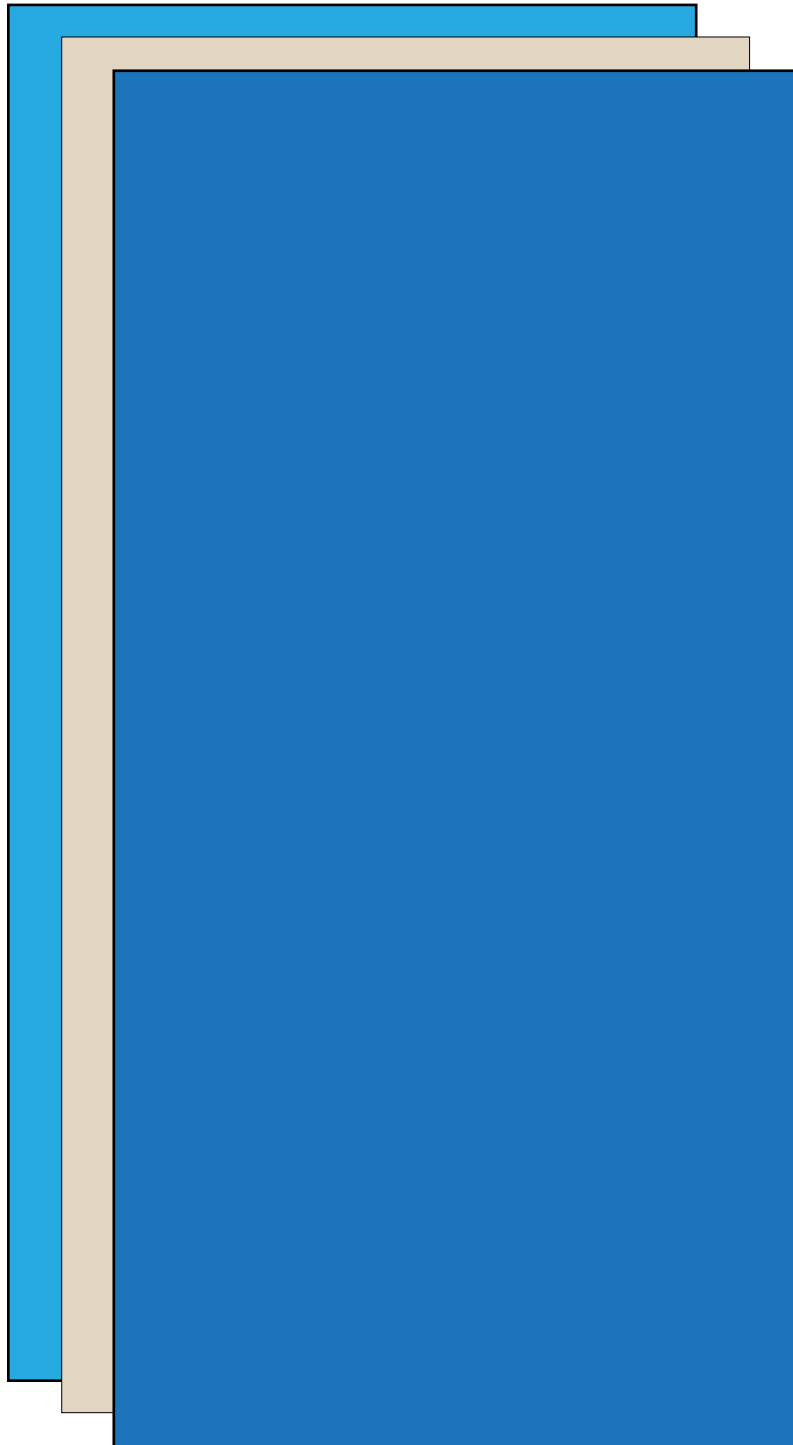
1- 2 1/8 yds (x 38" w) BATTING

2 yds twill tape cut into 4- 18" lengths.

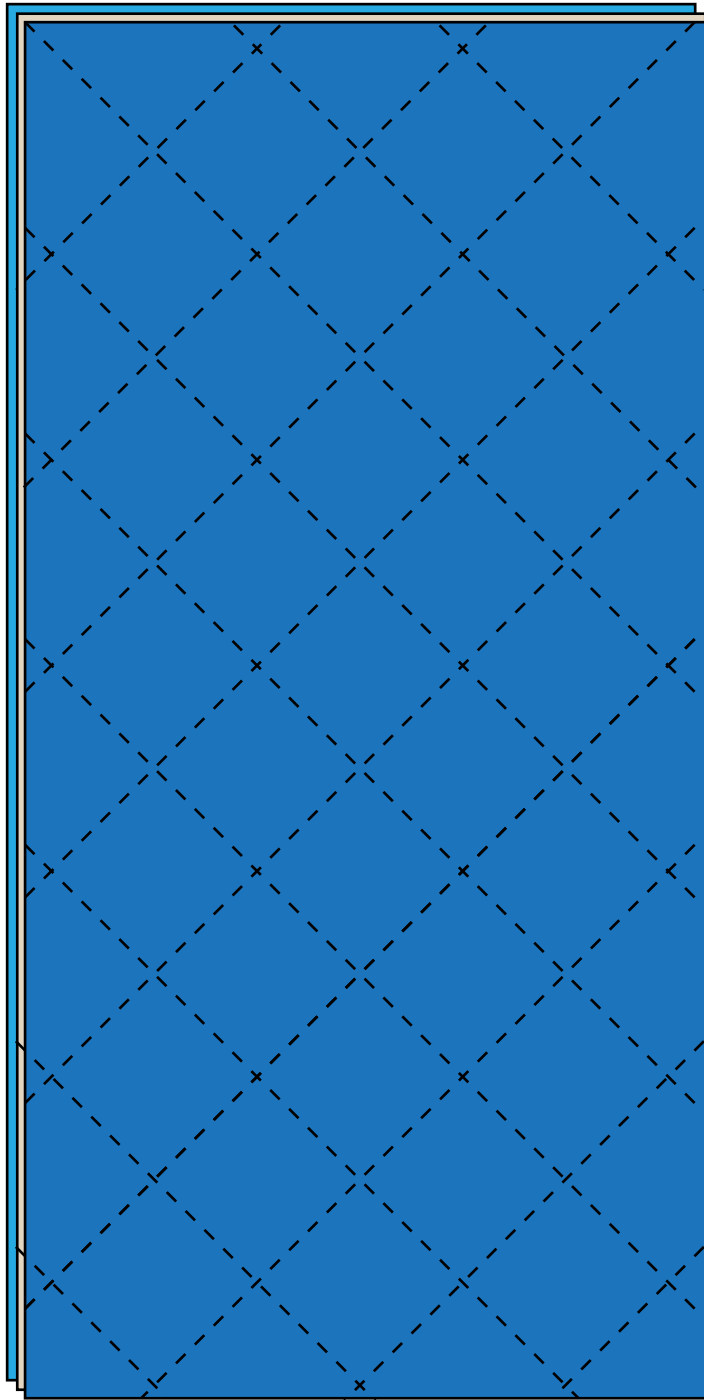
6 1/4 yd narrow binding tape. *Note: you can also make your own 1/2" binding tape - it does not have to be on the bias.*

Other items: pins, safety pin or drawstring threader, fabric marker, point turner, scissors or rotary cutter, ruler, iron.

1. Wash, dry, press your fabrics and square them up. Cut the fabrics to 38" x 74" Stack them making sure to align print edges BACKING face down, BATTING, then FACING face up.



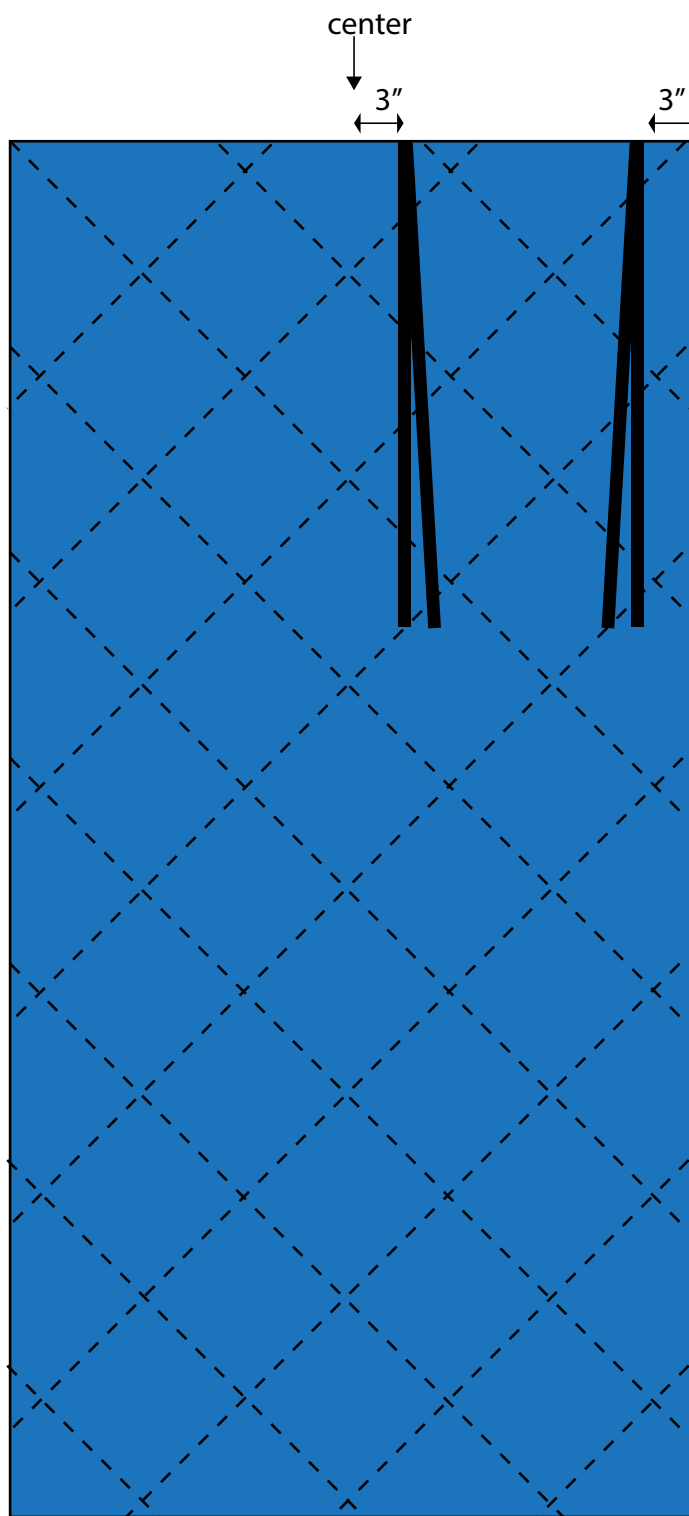
2. Quilt in desired pattern. To neaten the edges, trim the piece to 36" h x 72" w.



3. Finish one end of all 4 lengths of twill tape with a small hem.



4. Find the center point along one edge. Place unfinished ends of 2 lengths of twill tape at the 3" mark from both the center and the end. Lay the tape over the body of the mat and pin in place.



5. Bind using your desired method all along the perimeter, catching the twill tape underneath.

To roll, fold along vertical center, roll the end without ties. When you reach the end, wrap ties around and make a bow.

